



Proudly funded by



Shoalhaven Local Referral Pathways For People and Animals Experiencing Domestic and Family Violence

Print-Friendly V.1

Produced by Lucy's Project

With Support from NSW Government & South Coast WDVCS

December 2021



Table of Contents

<i>Surrender/ Crisis Animal Support</i>	3
<i>Animal Sanctuaries</i>	6
<i>Veterinary Clinics</i>	7
<i>Animal psychologists and behaviourists</i>	15
<i>Boarding kennels and catteries</i>	19
<i>Pet sitting in the Shoalhaven</i>	26
<i>Pet Friendly Accommodation in the Shoalhaven</i>	26
<i>Domestic Violence Services</i>	30
<i>Housing and homelessness services</i>	35
<i>Legal assistance services</i>	38
<i>Community and Mental Health Services</i>	42



Surrender/ Crisis Animal Support

Shoalhaven Animal Shelter

- Shoalhaven Animal Shelter (Pound) reunites lost pets and livestock with owners, microchips animals, and manages the adoption and fostering of pets in need of rehoming.
- Non kill Shelter.
- Mostly dogs and cats but enquire about any animal.
- The Shelter provides time limited crisis assistance for animals impacted by Domestic Violence.
- Enquire directly with the service regarding crisis foster care options.

Website: <https://www.shoalhaven.nsw.gov.au/For-Residents/Pets-Animals/Animal-Shelter>

Address: 19 BTU Road, Nowra Hill, NSW, 2540

Phone: (02) 4429 3410, Council After Hours: (02) 4421 3100

Opening hours: 7 days – 9am – 4pm. Public Holidays: 9am – 11am (for reclaiming only).

Email: animalshelter@shoalhaven.nsw.gov.au

Animal Welfare League

- Foster animals through private surrenders or rescue from local shelters and assists in rehoming.
- Provides subsidised desexing programs.
- Assists the pets of the homeless at the Shoalhaven Homeless Hub on the last Thursday of each month, and provide information for companion pets.
- Volunteers attend the Shoalhaven Animal Shelter on the second Saturday of each month from 10 am – 12 pm for those requiring assistance with the cost of desexing. Subsidised desexing vouchers are available to those with a health care card or pension card.
- Can report animal cruelty concerns via the website.

Website: <https://www.awlnsw.com.au/shoalhaven/>



Contact:

- For information about the subsidised desexing program contact desexing officer on 0403 071 497.
- For all dog/puppy adoptions, surrender or fostering enquires call the Dog Welfare Officer on 0402 542 741.
- For all cat/kitten adoptions, surrender or fostering enquiries call the Cat Welfare Officer on 0407 083 078.

Email: awlshoalhaven@awlsw.com.au

RSPCA Shoalhaven Volunteer Branch

- The branch financially assists with fostering and rehoming animals.

Website: <https://www.rspcansw.org.au/who-we-are/locations/branches-and-support-teams/shoalhaven-volunteer-branch/#1503556202628-a59cbdfb-cf17>

Phone: (02) 9770 7555 (no local number. Go to website and locate via postcode and complete online form for Shoalhaven enquiries).

Email: shoalhavenbranch@rspcansw.org.au

RSPCA Community Domestic Violence Program

- The program assists with safely housing and caring for pets, allowing owners time to find safe refuge for themselves, with the aim of reuniting them with their beloved pet as soon as possible.
- Provides temporary foster accommodation and/or emergency pet boarding.
- financial assistance for veterinary treatment.
- financial assistance with impound fees.
- financial assistance with transport fees.

Website: <https://www.rspcansw.org.au/what-we-do/working-in-communities/community-domestic-violence-program/>



Phone: (02) 9782 4408 Monday to Friday, 9am – 5pm. During weekends and public holidays contact the RSPCA Contact Centre on (02) 9770 7555.

Assistance may also be requested via an online form that can be accessed through the above website.

Paws and Recover

- Based in Sydney, NSW, but can assist other locations if a volunteer is available
- Offers practical help such as dog walking, fostering, animal grooming, transporting pets to vets and support in assisting people to care for their animal/s during a health crisis or difficult time.
- Offer an alternative to rehoming, abandoning, neglecting, or destroying a pet during their owner's time of crisis.

Website: <https://www.pawsandrecover.com/>

Email: pawsandrecover@gmail.com

Application for assistance is via website online form (Apply for care) or direct email.

PetRescue South Coast Animal Rescue

- Small family operated group who rescue animals that do not find a home and/or are neglected and require special assistance.
- Adoption of pets available.

Phone: 0425 267 391

Email: lt02@optusnet.com.au



Animal Sanctuaries

Paws Wings Fins & Hooves Animal Sanctuary

- Paws Wings Fins & Hooves is a small private self-funded animal sanctuary in St Georges Basin run by Karen Edwards.
- The sanctuary is sometimes able to assist in the fostering of small animals although is currently at capacity.
- Pet boarding available – Bay & Basin Boutique Pet Boarding.

Website: <https://bayandbasinboutiquepetboarding.vpweb.com.au/>

Phone: 0402 092 493

Address: 195 Island Point Road, St Georges Basin, NSW, 2540

Can book pet boarding via online New Client Registration form.

Email: kaz1971@post.com

MM's Equine Sanctuary

Address: Nowra Hill

Phone: 0498 172 000

Website: <https://www.mmsequinesanctuary.com/>

Horse rescue, rehabilitation, retraining and rehoming.

Email: mmsequinesanctuary@gmail.com



Veterinary Clinics

Bomaderry Veterinary Hospital

Address: 335 Princes HWY, Bomaderry, NSW, 2541

Phone: 02 4421 3133

Website: <https://bomaderryvets.com.au/>

Email: info@bomaderryvets.com.au

Opening Hours: Mon to Fri: 8am – 2pm & 3pm – 6pm

Sat & Sun: 9am – 1pm

Small and large animals such as Alpacas, Cattle, Horses, and other livestock are treated at this practice.

Curleys Bay Veterinary Hospital

Address: 19 Weston St, Culburra Beach, NSW, 2540

Phone: 02 4421 3528

Website: <https://bomaderryvets.com.au/>

Email: info@curleysbayvet.com.au

Opening Hours: Mon to Fri: 9am – 5pm

Sat & Sun: Closed



Small and large animals such as Alpacas, Cattle, Horses, and other livestock are treated at this practice.

Shoalhaven Heads Veterinary Clinic

Address: 2/133 Shoalhaven Heads Rd, Shoalhaven Heads, NSW, 2535

Phone: 02 4448 5621

Website: <https://bomaderryvets.com.au/>

Email: info@shoalhavenvets.com.au

Opening Hours: Mon to Fri: 9am – 5.30pm

Small and large animals such as Alpacas, Cattle, Horses, and other livestock are treated at this practice.

Nowra Veterinary Hospital

Address: 209 Kinghorne St, Nowra, NSW, 2541

Phone: 02 4421 5370 **After hours:** 0408 428 540

Website: <https://nowravets.com/>

Email: nowravet@gmail.com

Opening Hours: Mon to Fri: 8am – 6pm

Sat: 8am – 12pm

Sun: 9am – 12pm



Pub Hol: 10am – 12pm

Small and large animal, birds, pocket pets such as ferrets and rabbits and exotic pets treated at this practice.

Bay & Basin Animal Hospital

Address: 1 Grange Road, Tomerong, NSW, 2540

Phone: 02 4443 6677 **After hours:** 0408 428 540

Website: <https://nowravets.com/>

Opening Hours: Mon to Fri: 8am – 6pm

Sat: 8am – 12pm

Small and large animal, birds, pocket pets such as ferrets and rabbits and exotic pets treated at this practice.

South Nowra Veterinary Hospital

Address: 55 Woncor Ave, South Nowra, NSW, 2540

Phone: 02 4447 8172

Website: <https://southnowravet.com.au/>

Email: reception@southnowravet.com.au

Opening Hours: Mon to Fri: 8am – 6pm

Small animals, pocket pets and birds are treated at this practice.



All Creatures Vet Clinic, Shoalhaven Heads

Address: 5/121 Shoalhaven Heads Rd, Shoalhaven Heads, NSW, 2535

Phone: 02 4448 7025

Website: <https://www.berryvetclinic.com.au/>

Email: info@allcreaturessh.com.au

Opening Hours: Mon to Fri: 8am – 5.30pm

Sun: 10am – 12pm

Small and large animals are treated at this practice. Specialise in Equine treatment.

All Creatures Mobile Vet

Phone: 02 4464 1899

Website: <https://www.berryvetclinic.com.au/>

Email: info@berryvet.com.au

Available by appointment, serving Albion Park to Milton.

Small and large animals are treated at this practice. Specialise in Equine treatment.

Berry Vet Clinic

Address: 84 Queen St, Berry, NSW, 2535



Phone: 02 4464 2147

Website: <https://www.berryvetclinic.com.au/>

Email: info@berryvet.com.au

Opening Hours: Mon to Fri: 8am – 6pm

Sat: 9am – 12pm

Small and large animals are treated at this practice. Specialise in Equine treatment.

Kangaroo Valley Consulting Room

Address: 162 Moss Vale Rd, Kangaroo Valley, NSW, 2577

Phone: 02 4464 2147

Website: <https://www.berryvetclinic.com.au/>

Email: info@berryvet.com.au

Opening Hours: Tues to Thurs: 2pm – 4pm

Small and large animals are treated at this practice. Specialise in Equine treatment.

Jervis Bay Veterinary Clinic

Address: 233 The Wool Rd, Old Erowal Bay, NSW, 2540

Phone: 02 4443 9019

Website: <https://www.northnowravet.com.au/>



Email: admin@northnowravet.com.au

Opening Hours: Mon to Fri: 8am – 5.30pm

Small animals and exotic are treated at this practice.

North Nowra Veterinary Hospital

Address: 205 Illaroo Rd, North Nowra, NSW, 2541

Phone: 02 4423 1688

Website: <https://www.northnowravet.com.au/>

Email: admin@northnowravet.com.au

Opening Hours: Mon to Fri: 8am – 6pm

Sat: 9am – 1pm & 2pm – 4pm

Sun: 9am – 1pm

Small animals and exotic pets are treated at this practice.

South Coast Veterinary Services SCVS

Phone: 0412 319 110

Website: <https://southcoastvet.com.au/>

Email: office@southcoastvet.com.au

Mobile Vet.



Culburra Veterinary Clinic

Address: 7 Weston St, Culburra Beach, NSW, 2540

Phone: 02 4447 3851

Website: <http://culburravet.com.au/index.php/sample-page/>

Email: johncwright@aapt.net.au

Opening Hours: Mon to Fri: 8am – 6pm

Small animals are treated at this practice.

Sussex Inlet Veterinary Surgery

Address: 179 River Rd, Sussex Inlet, NSW, 2540

Phone: 02 4441 1011

Website: <https://www.localvet.com.au/sussexinlet/>

Email: admin@sussexvet.com.au

Opening Hours: Mon to Fri: 9am – 5.30pm

Sat: 9am 12pm

Small animals are treated at this practice.

South Coast Equine Veterinary Practice

Address: Bolong Park, 19 Hanigans Lane, Bolong, NSW, 2540



Phone: 0408 434 116

Website: <http://scevp.com.au/>

Email: info@scevp.com.au

Opening Hours: Mon to Fri: 9am – 5.30pm

Specialises in equine veterinary care.

Ulladulla Veterinary Hospital

Address: 249 Princes HWY, Ulladulla, NSW, 2539

Phone: 02 4455 5339

Website: <https://www.ulladullavet.com.au/>

Email: admin@ulladullavet.com.au

Opening Hours: Mon to Fri: 9am – 6pm

Sat: 9am – 12pm

Small and large animals are treated at this practice.

Milton Village Vet

Address: 139 Princes HWY, Milton, NSW, 2538

Phone: 02 4454 4949

Website: <http://miltonvillagevet.com.au/>



Email: admin@miltonvillagevet.com.au

Opening Hours: Mon to Fri: 8am – 6pm

Sat: 9am – 12pm

Small animals are treated at this practice.

Moruya Veterinary Hospital

Address: 86 – 88 Queen St, Moruya, NSW, 2537

Phone: 02 4474 2532

Website: <https://www.moruyavet.com.au/>

Email: admin@moruyavet.com.au

Opening Hours: Mon to Fri: 8.30am – 5pm

Visiting Vet for avian and exotic animals.

Animal psychologists and behaviourists

Bark Busters

Phone: 1800 067 710

Email: shoalhaven@barkbusters.com.au

Dog training in the Shoalhaven area.



Milton Village Vet

Address: 139 Princes HWY, Milton, NSW, 2538

Phone: 02 4454 4949

Website: <https://miltonvillagevet.com.au/>

Dog behavioural therapy.

South Nowra Veterinary Hospital

Address: 55 Wuncor Ave, South Nowra, NSW, 2540

Phone: 02 4447 8172

Website: <https://southnowravet.com.au/>

Dog behavioural therapy.

Animal Behaviour Australia

Phone: 0455 264 625

Website: <https://www.animalbehaviouraustralia.com/>

Email: dnewton@animalbehaviouraustralia.com

Service available Australia wide. Trained animal psychologists.

Pet Behaviour Vet



Phone: 02 8599 0859

Website: <https://www.petbehaviourvet.com.au>

Based in Sydney but will work with Shoalhaven animals and vets via direct referral from veterinary practice.

Endeavour Dog Training Solutions

Phone: 0484 372 592

Email: info@endeavourdogtrainingsolutions.com

Website: <https://www.endeavourdogtrainingsolutions.com>

Dog behaviour and training.

Paradise Pet Parks

Address: 8c Parma Road, Falls Creek, NSW, 2540

Phone: 02 4447 8582

Website: <https://paradisepetparks.com.au/>

Email: hello@paradisepetparks.com.au

Dog behavioural Assessments and training available, including Dangerous/Menacing Dog Declarations, Dog to Human/Dog to Dog assessments.

Best Behaviour Animal Training



Phone: 0424 653 292

Website: <https://www.bestbehaviour.net/>

Email: becky@bestbehaviour.net

Services the South Coast NSW. Behavioural therapy and training. Psychiatric Assistance Dog Training, Therapy Dog training, Conditioning and Animal Training for zoo or animal management facilities.

Berry Vet Clinic

Address: 84 Queen St, Berry, NSW, 2535

Phone: 02 4464 2147

Website: <https://www.berryvetclinic.com.au/>

Behaviour assessments available.

North Nowra Veterinary Hospital

Address: 205 Illaroo Rd, North Nowra, NSW, 2541

Phone: 02 4423 1688

Website: <https://www.northnowravet.com.au/>

Animal behaviour and training.

MM's Equine

Address: Nowra Hill



Phone: 0498 172 000

Website: <https://www.mmsequine.com/>

Horse retraining.

Boarding kennels and catteries

Ashby Lodge Boarding Kennels

Address: 6 Greenmeadow Lane, Nowra Hill, NSW, 2540

Phone: 0439 068 310

Website: <https://ashbyboardingkennels.com/pricing-services>

Email: ashby.kennels@yahoo.com

Dog boarding kennels, Doggy Day Care.

The Pet Ranch

Address: 154 Woncor Ave, South Nowra, NSW, 2540

Phone: 02 4447 8406, 0412 429 625

Website: <https://thepetranch.com.au/>

Email: thepetranch@live.com

Dog and cat boarding.



Meroo Kennels and cattery

Address: 20 Lamonds Lane, Meroo Meadow, NSW, 2540

Phone: 02 4448 6133

Website: <http://www.merookennelsandcattery.com.au/>

Email: merookennels@gmail.com

Bay & Basin Boutique Pet Boarding

Address: 195 Island Point Rd, St Georges Basin, NSW, 2540

Phone: 0402 092 2493

Website: <https://bayandbasinboutiquepetboarding.vpweb.com.au/>

Email: kaz1971@post.com

Dog, cat, rabbit, guinea pig, ferret, hen, and duck boarding.

Paradise Pet Parks

Address: 8c Parma Road, Falls Creek, NSW, 2540

Phone: 02 4447 8582

Website: <https://paradisepetparks.com.au/>

Dog boarding, Doggy Daycare, and training.



Pawfection

Address: 1 Queen St, Berry, NSW, 2535

Phone: 0481 227 985

Dog boarding and pet sitting.

The Pampered Pooch Kennels & Cattery

Address: 55B Mullers Lane, Berry, NSW, 2535

Phone: 0456 427 396

Website: <https://www.pamperedpoochberry.com.au/>

Email: k9kennel@bigpond.net.au

Dog and cat boarding.

Valija Boarding kennels

Address: 41 Oxford St, South Nowra, NSW, 2541

Phone: 02 4421 7936

Dog and cat boarding.



Ulladulla Pet Motel

Address: 247 Princes HWY, Ulladulla, NSW, 2539

Phone: 02 4455 2579

Website: <http://www.ulladullapetmotel.com.au/>

Email: ulladullapetmotel@gmail.com

Dog and cat boarding, Doggy Daycare.

Jervis Bay Cat Cottage

Address: 14 James Farmer Grove, Woollamia, NSW, 2540

Phone: 02 4441 5964

Website: <https://www.jervisbaycatcottage.com.au/>

Email: info@jervisbaycatcottage.com.au

Cat boarding.

Milton Village Vet

Address: 139 Princes HWY, Milton, NSW, 2538

Phone: 02 4454 4949

Website: <http://miltonvillagevet.com.au/>

Email: admin@miltonvillagevet.com.au



Offers medical cat boarding for cats who require daily medical attention and are recovering from injury.

North Nowra Veterinary Hospital

Address: 205 Illaroo Rd, North Nowra, NSW, 2541

Phone: 02 4423 1688

Website: <https://www.northnowravet.com.au/>

Email: admin@northnowravet.com.au

Cat boarding.

Nowra Veterinary Hospital

Address: 209 Kinghorne St, Nowra, NSW, 2541

Phone: 02 4421 5370 **After hours:** 0408 428 540

Website: <https://nowravets.com/>

Email: nowravet@gmail.com

Opening Hours: Mon to Fri: 8am – 6pm

Sat: 8am – 12pm

Sun: 9am – 12pm

Pub Hol: 10am – 12pm

Cat boarding.



Bay & Basin Animal Hospital

Address: 1 Grange Road, Tomerong, NSW, 2540

Phone: 02 4443 6677 **After hours:** 0408 428 540

Website: <https://nowravets.com/>

Email: bayandbasinvets@yahoo.com.au

Opening Hours: Mon to Fri: 8am – 6pm

Sat: 8am – 12pm

Cat boarding.

Sussex Inlet Veterinary Surgery

Address: 179 River Rd, Sussex Inlet, NSW, 2540

Phone: 02 4441 1011

Website: <https://www.localvet.com.au/sussexinlet/>

Email: admin@sussexvet.com.au

Opening Hours: Mon to Fri: 9am – 5.30pm

Sat: 9am 12pm

Cat boarding.

Large and small animal agistment



Kangaroo Valley Horses

Address: 251 Abernethys Rd, Budgong, Kangaroo Valley, NSW, 2577

Phone: 0402 902 072

Website: <https://www.kangaroovalleyhorses.com/>

Email: info@kangaroovalleyhorses.com

Horse agistment available.

Calymea Horse Agistment

Address: 1012 Yalwal Rd, Barringella, NSW, 2540

Phone: 0419 851 477

Website: <http://horseagistmentnowra.net.au/>

Email: dazzer@bigpond.net.au

Horse agistment available.

Bellissimo Agistment Centre Shoalhaven

Address: 71 Boxsells Lane, Meroo Meadow, NSW, 2540

Phone: 0411 478 147

Email: jensymes@aapt.net.au

Website: <https://bellissimo-horse-agistment-equine-activities.business.site/>



Pet sitting in the Shoalhaven

There are numerous pet sitters available in the Shoalhaven area who will look after pets in their own home.

Please see websites below for links to Shoalhaven pet sitters.

Websites:

<https://www.petcloud.com.au/pet-sitters/nowra/nsw>

<https://www.madpaws.com.au/petsitters/nowra-nsw>

<https://www.pawshake.com.au/>

<https://au.holidog.com/>

Pet Friendly Accommodation in the Shoalhaven

Calm Waters Waterfront Sussex Inlet

Address: 187B Jacobs Dr, Sussex Inlet, NSW, 2540

Phone: 0491 037 886

Website: <https://www.southcoastholidayretreats.com/>

Holiday Haven Shoalhaven Heads

Address: 49 McIntosh St, Shoalhaven Heads, NSW, 2535

Phone: 02 4429 5409



Email: shoheads@holidayhaven.com.au

Jervis Bay Holiday Park

Address: 785 Woollamia Rd, Woollamia, NSW, 2540

Phone: 02 4441 5046

Email: info@jervisbayholidaypark.com.au

Website: <https://www.jervisbayholidaypark.com.au/>

Holiday Haven Huskisson Beach

Address: 17A Beach St, Huskisson, NSW, 2540

Phone: 02 4406 2040

Email: huskybeach@holidayhaven.com.au

Website: <https://www.holidayhaven.com.au/huskisson-beach/>

Ulladulla Guest House

Address: 39 Burrill St, Ulladulla, NSW, 2539

Phone: 02 4455 1796

Email: info@guesthouse.com.au

Website: <https://www.guesthouse.com.au/>



Ingenia Holidays Merry Beach

Address: 46 Merry Beach Rd, Kioloa, NSW, 2539

Phone: 02 4457 1065

Website: <https://www.ingeniaholidays.com.au/>

Breeze Inn Ulladulla

Address: 13 Princes HWY, Ulladulla, NSW, 2539

Phone: 02 4455 1777

Email: breezeinnulladulla@gmail.com

Website: <https://www.tripadvisor.com.au/>

Holiday Haven Burrill Lake

Address: 8 Princess Ave, Burrill Lake, NSW, 2539

Phone: 02 4444 8840

Email: burrill@holidayhaven.com.au

Website: <https://www.holidayhaven.com.au/burrill-lake/>

Holiday Haven Currarong



Address: 8 Cambewarra Rd, Currarong, NSW, 2540

Phone: 02 4429 5415

Email: currarong@holidayhaven.com.au

Website: <https://www.holidayhaven.com.au/currarong/>

Kioloa Beach Holiday Park

Address: 635 Murramarang Rd, Kioloa, NSW, 2539

Phone: 02 4457 1072

Email: info@kioloabeach.com

Website: <https://www.kioloabeach.com/>

Seven Mile Holiday Park

Address: 200 Crooked River Rd, Gerroa, NSW, 2534

Phone: 02 4234 1340

Email: sevenmile@kiamacoast.com.au

Website: <https://www.kiamacoast.com.au/seven-mile-beach-holiday-park/>

Holiday Haven Kangaroo Valley

Address: 5 Moss Vale Rd, Kangaroo Valley, NSW, 2577

Phone: 02 4406 1900



Email: kvalley@holidayhaven.com.au

Website: <https://kangaroovalley.holidayhaven.com.au/kangaroo-valley/>

Ingenia Holidays Ulladulla

Address: 300 Kings Point Drive, Ulladulla, NSW, 2539

Phone: 02 4454 4261

Email: marketing@ingeniaholidays.com.au

Website: <https://www.kingspointretreat.com.au/>

Domestic Violence Services

Women's Domestic Violence Court Advocacy Service

Phone: 02 4476 5416

Email: fsc@wdvcas.org

WDVCAS provide women and their children with information, advocacy, and safety planning where appropriate. They provide referrals to services including housing, counselling, financial assistance, or health services. A number of WDVCASs work with solicitors from the Domestic Violence Unit or Domestic Violence Duty Scheme, who can provide legal advice on matters including Apprehended Domestic Violence Orders (ADVOs), financial advice, family law, immigration and other issues. WDVCAS also provide support to women who are attending court for a domestic violence matter.



Domestic Violence Intervention Service

Phone: 02 4423 8510 or 0425 206 670

Address: 8 McGrath Ave, Nowra, NSW, 2541

Email: nsw-dvis@ywca.org.au

Website: <https://www.ywca.org.au/programs/crisis-support-services/domestic-violence-intervention-service/>

DVIS assists women and their children after they have experienced domestic and family violence.

Provides:

- Experienced case workers
- Support when making a police statement
- Support before and during court proceedings
- Case management and coordination
- Referrals to housing, employment, and other support agencies
- Referrals and linkages to local support groups
- Assistance with Centrelink and Victim Support applications.

Staying Home Leaving Violence (SHLV) - Nowra and Ulladulla

Phone: 02 4421 7400

Address: 122 Kinghorne St, Nowra, NSW, 2541

Email: adminshlv@waminda.org.au



Website: <http://www.waminda.org.au/case-management-services>

SHLV delivers intensive and personalised case management for women who want to stay in their home and have the violence leave. Informal counselling, support and education is provided in addition to home security upgrades. This allows the women and children, who have experienced domestic violence and are no longer wanting to be in the relationship, to remain and feel safe in their own homes.

Ulladulla Domestic Violence (UDVIS)

Phone: 0409 540 407

Email: udvis@waminda.org.au

UDVIS supports clients to manage crisis situations when needed and assist women in a range of other areas. These can include help to fill out paperwork and documentation, help to make statements and liaise with police officers, help to leave unhealthy relationships, help with safety planning and support to obtain AVO's, even at times when the partner remains in the home.

Waminda - Nowra and Ulladulla

Phone: 02 4421 7400

Address: 122 Kinghorne St, Nowra, NSW, 2541

Email: intake2@waminda.org.au

Website: <http://www.waminda.org.au/case-management-services>

Domestic and Family Violence case management support for women and their Aboriginal



families who are experiencing physical abuse, verbal abuse, sexual abuse, emotional abuse, threats, controlling and jealous behaviour, financial control, property damage, social isolation and any other behaviour that causes a person to live in fear.

Supported Accommodation & Homelessness Services Shoalhaven Illawarra (SAHSSI)

Address: Head Office - Level 1, 63a Market St, Wollongong, NSW, 2500.

Phone: 02 4488 4880

Email: admin@sahssi.org.au

Website: <https://www.sahssi.org.au/>

SAHSSI is a not-for-profit Specialist Homelessness Service supporting vulnerable women and families in the Illawarra and Shoalhaven regions. Services include crisis accommodation, transitional housing, case management, case coordination and counselling. Referral is via the website.

Help Line – 1800RESPECT

Phone: 1800 737 732

Website: <https://www.1800respect.org.au/>

1800RESPECT is the national online and telephone counselling and support service for people who have experienced, or are at risk of experiencing, sexual assault and/or domestic and family violence, their family and friends, and frontline and isolated workers.



ACON

Phone: 1800 063 060

Email: acon@acon.org.au

Website: <https://www.acon.org.au/>

LGBTQI health organization offering information, referrals, counselling, advocacy and practical support for LGBTQI people in NSW experiencing domestic abuse.

Domestic Family Violence and Sexual Assault Service (DFVSAS)

Phone: 1300 792 755

A free confidential counselling service with skilled social workers and psychologists, who help people who have experienced violence, abuse, and neglect.

NSW Elder Abuse Helpline and Resource Unit

Phone: 1800 628 221

Website: www.elderabusehelpline.com.au

The NSW Elder Abuse Helpline & Resource Unit offer a free service that provides information, support and referrals relating to the abuse of older people living across NSW. The service is confidential, and callers remain anonymous. Individuals, concerned friends, family members, neighbours and support workers are encouraged to call if they suspect elder abuse is occurring.



Housing and homelessness services

Link2home

Phone: 1800 152 152

Homelessness information and referral telephone service which provides information, conducts assessments, as well as makes referrals to homelessness services across NSW. Some animal friendly emergency accommodation available. Available 24/7. Indigenous Australians call: 1800 727 555

Supported Accommodation & Homelessness Services Shoalhaven Illawarra (SAHSSI)

Address: Head Office - Level 1, 63a Market St, Wollongong, NSW, 2500.

Phone: 02 4488 4880

Email: admin@sahssi.org.au

Website: <https://www.sahssi.org.au/>

SAHSSI is a not-for-profit Specialist Homelessness Service supporting vulnerable women and families in the Illawarra and Shoalhaven regions. Services include crisis accommodation, transitional housing, case management, case coordination and counselling. Referral is via the website.

Shoalhaven Homeless Hub



Address: 27 Junction St, Nowra, NSW, 2541

Phone: 02 4423 2804

Email: admin@sahssi.org.au

Website: <https://www.sahssi.org.au/services/shoalhaven-homeless-hub/>

The homeless hub is a safe place for people in need, providing information, referral, emergency provisions (including food, toiletries, tents and sleeping bags), together with access to laundry, bathroom, and shower facilities. At the Hub, clients can access computers and qualified support workers who will assist them with private rental searches, housing paperwork and advocacy, referrals to other local specialist's homelessness services and other paperwork that may support them out of crisis and homelessness.

Shoalhaven Youth Homelessness Support Service

Website: <https://www.facs.nsw.gov.au/housing/help/ways/services/shoalhaven-youth-support-service>

Phone: 1300 554 260 or 02 4422 7625

Email: syss@caresouth.org.au

Lead provider is CareSouth. This service supports young people under 25 years of age, including those with complex needs and/or leaving care or other institutions. It provides early intervention by building strong links with schools, family referral services, and other relevant providers in the local network.

It also provides intensive responses to support young people, including those with complex needs residing in the Shoalhaven local government area.

The service emphasises linking young people to education, training, and employment. It has a strong focus on responses for Aboriginal young people and is accessible to young people from culturally and linguistically diverse backgrounds.

Safe Shelter



Address: 134 Kinghorne St, Nowra, NSW, 2541

Phone: 02 4426 6117

Email: info@safeshelter.org.au

Safe shelter Shoalhaven is a combined churches and community project aimed at providing safe emergency overnight shelter for the homeless. Accommodation includes 12 beds, catering for women, men, and families. Free meals, laundry service, shower facilities and support.

Southern Youth and Family Services

Address: 107 Berry St, Nowra, NSW, 2541

Phone: 02 4422 9966

Email: syss@syfs.org.au

Independent Housing Program Families (IHPF) Nowra provides support including information, referral, advocacy, emotional and practical support, living and social skills, education and some access to affordable transitional accommodation for families in the Shoalhaven area.

Southern Cross Housing

Address: Nowra – 69 Kinghorne St, Nowra, NSW, 2541

Bomaderry – 1/54 Bolong Rd, Bomaderry, NSW, 2541

Ulladulla – Shop 3, 118 – 120 Princes HWY, Ulladulla, NSW, 2539

Phone: 1300 757 885



Email: info@scch.org.au

Website: www.scch.org.au

Provides assistance to people in need of housing, by way of Social Housing, Affordable Housing, Private Rental Assistance products (Bond Loans, Rent Arrears, Start Safely Subsidy) and Temporary Accommodation for those experiencing homelessness.

Safe Waters

Address: 88 South St, Ulladulla, NSW, 2539

Phone: 0457 740 951

Email: admin@safewaterscc.org

A Safe shelter in the heart of Ulladulla offering a night-by-night crisis accommodation service for those experiencing homelessness in the Ulladulla area.

Legal assistance services

Shoalcoast Community Legal Centre

Address: 80 Bridge Rd, Nowra, NSW, 2541

Phone: 4422 9529 or Free call: 1800 229 529

Email: info@shoalcoast.org.au

Website: <https://www.shoalcoast.org.au/>



Shoalcoast Community Legal Centre is a not-for-profit community legal centre in the following local government areas – Shoalhaven, Eurobodalla, Bega Valley, Queanbeyan/Palerang and Snowy Monaro.

The service provides free and confidential legal advice over the phone and face to face for the following areas of law - Credit and Debt, Personal Safety, Parenting Issues, Employments Issues, Centrelink/Welfare Issues, Family Law – Separation, Family Law – Children, Domestic Violence, Victims Compensation and Tenancy and Neighbour Issues.

LawAccess NSW

Phone: 1300 888 529

Free legal helpline.

Legal Aid

Address: Level 2, 59 Berry St, Nowra, NSW, 2541

Phone: 02 4422 4351

Email: nowra@legalaid.nsw.gov.au

Website: <https://www.legalaid.nsw.gov.au/>

Legal Aid NSW provides legal services to disadvantaged clients across NSW in most areas of criminal, family and civil law.

Legal Aid NSW also assists people experiencing domestic and family violence.

Our services include:

- free legal advice to disadvantaged people about issues that affect them.
Call LawAccess NSW on 1300 888 529 to find out if you can get legal advice.
- legal representation for eligible clients, provided through duty services and case grants for ongoing representation



- family dispute resolution services to parties in a family law dispute
- free workshops and webinars for the public and community organisations
- free legal information written in plain English to help people resolve their legal problems
- specialist services for particular groups in the community.

Women's Legal Service

Phone: 1800 801 501

Email: reception@wlsnsw.org.au

Website: www.womenslegalnsw.asn.au/wlsnsw/

Provides specialist legal services relating to domestic violence, sexual assault, family law, discrimination, victims support, child protection, human rights, and access to justice.

Victims Compensation

Phone: 1800 019 123

Aboriginal contact line: 1800 019 123

Website: <http://www.victimsservices.justice.nsw.gov.au/>

A client may be eligible for assistance with removalists, counselling costs, security upgrades.

Domestic Violence Legal Advice Line

Phone: 1800 810 784

Women's Legal Advice Line

Phone: 1800 801 501



Indigenous Women's Contact Line

Phone: 1800 801 501

Free confidential legal information, advice, and referrals for Aboriginal and Torres Strait Islander women in NSW.

Family Relationships Advice Line

Phone: 1800 050 321

Website: www.familyrelationships.gov.au

Family Law Court National Enquiry

Phone: 1300 352 000

Website: <http://www.federalcircuitcourt.gov.au/>

Nowra Police

Phone: 02 4421 9699

Address: 88 Plunkett St, Nowra, NSW, 2541

Nowra Police Station has 4 Domestic Violence Liaison Officers available for DV related matters.

Ulladulla Police

Phone: 02 4454 8599



Address: 73 Princes HWY, Ulladulla, NSW, 2539

Victim Support Service

Phone: 1300 352 000

Website: <http://www.federalcircuitcourt.gov.au/>

Chamber Registrar Nowra Court House

Phone: 1300 679 272

Address: 88 Plunkett St, Nowra, NSW, 2541

Milton Court House

Phone: 02 4455 2116

Address: 64 Princes HWY, Milton, NSW, 2538

Community and Mental Health Services

Shoalhaven Neighbourhood Services

Address: 41 Worrigeer St, Nowra, NSW, 2541

Phone: 02 4421 5077

Email: info@sns.org.au



Website: <https://sns.org.au/>

Provides; Aged Care Services – social support to frail aged people over 65 and Aboriginal and Torres Strait Islanders over 50, who need low-level assistance to continue living independently in the community, NDIS Services – Provides services to people with an approved NDIS plan, and Community Services – Offers a wide range of social, training and support activities which help residents learn new skills, run their own group, or project or participate more fully in their community. The Neighbourhood Centre is also a local resource for people to access computers, internet, photocopying services, showers, meeting rooms, book swap libraries and drop in information and referral services and supports.

Shoalhaven Women’s Health Centre

Address: 5 McGrath Ave, Nowra, NSW, 2541

Phone: 02 4421 0730

Email: swhc@swhc.org.au

Website: <http://shoalhavenwomenshealthcentre.org.au/>

Shoalhaven Women’s Health Centre provides information on a wide variety of issues from health and medical through to legal and financial. Services include counselling (Pregnancy, Drug and Alcohol, Alternative Therapy), Therapeutic and Remedial Massage, Reiki, Women’s Health Nurse and Naturopath. The Centre also runs a range of activities and events, along with workshops on a variety of topics.



Women's Health Service

Phone: 1300 792 755

Email: ISLHD-AccessandReferralCentre@health.nsw.gov.au

Website: <https://www.islhd.health.nsw.gov.au/services-clinics/womens-health-service>

The Women's Health Service offers local women access to clinical services to improve their health and wellbeing. Some of the services provided include:

- Breast health awareness and checks
- Contraception
- Menopause
- Cervical screening
- Post-natal checks
- Pregnancy testing
- Screening & treatment for Sexually Transmissible Infections

Health Care Interpreters can be arranged to ensure understanding of health information at no cost. Confidential telephone advice for health professionals and consumers is offered by our Women's Health Nurse who is available during business hours.

Anglicare Family Services Nowra

Address: 61 North St, Nowra, NSW, 2541

Phone: 02 4424 7100

Email: counselling@anglicare.org.au

Website: <https://www.anglicare.org.au/locations/nowra/>

Services offered include Food and financial assistance, Family parenting and youth support, Counselling, Family mediation and dispute resolution, Mental Health, and financial counselling.

Anglicare Ulladulla



Address: 65 South St, Ulladulla, NSW, 2539

Phone: 028624 8600 – Food and Financial Assistance

1300 651 728 – Counselling and Mediation

Website: <https://www.anglicare.org.au/>

Services offered include Food and financial assistance, Family parenting and youth support, Counselling, and mediation.

Ulladulla & Districts Community Resources Centre

Address: 78 St Vincent St, Ulladulla, NSW, 2539

Phone: 02 4454 0477

Email: reception@ulladullacrc.org.au

Website: <https://www.ulladullacrc.org.au/>

The Centre offers a Food Store, Tax help, Women's Services (Outreach available on Thursdays from the Shoalhaven Women's Health Centre), Men's Services, Free computer tuition, General office assistance (Faxing, printing, scanning and emails, lamination and badges and support with online applications).

Illawarra Multicultural Services Inc

Address: 80 Park Rd, Nowra, NSW, 2541

Phone: 02 4229 6855

Email: info@ims.org.au

Website: <https://www.ims.org.au/>



The service supports the culturally and linguistically diverse (CALD) population in the Shoalhaven by providing assistance to migrants, humanitarian entrants and refugees. The service provides information, advice and referrals, Advocacy, Casework and Case Management, Drop-in Settlement Services, Financial assistance, Multicultural Supported Playgroups, and capacity building.

Shoalhaven Women's Resource Group

Phone: 02 4444 1103

Email: info@swrg.org.au

Website: <https://www.swrg.org.au/>

Rosa Co-ordinated Care (RoCC) is a support service for women returning to the Shoalhaven. RoCC provides case management support for women to re-establish their lives after leaving alcohol & other drugs rehab and / or prison. RoCC will link women with other support services and provide practical and emotional support to re connect to family and community, housing, health, legal, training, education, and employment services.

South Coast Medical Service Aboriginal Corporation

Address: 51-53 Berry St, Nowra, NSW, 2541

Phone: 02 4448 0200

Free call: 1800 215 099

Email: communications@southcoastams.org.au

Website: <https://www.southcoastams.org.au/>

Services include health and wellbeing (GP, Dental, Psychologists, Podiatry, Eye and Hearing screening), Family connect and support and Permanency Support for Aboriginal and Torres



Strait Islander communities.

Family Services Australia Nowra

Address: 1/80 Park Rd, Nowra, NSW, 2541

Phone: 02 4421 5499

Email: admin@familyservices.org.au

Website: <https://familyservices.org.au/>

Provide a range of services that promote change and provide opportunities for children, young people and families to build on their relationships, connect with their communities and build and strengthen parenting skills.

Family Services Australia Ulladulla

Address: 158 Green St, Ulladulla, NSW, 2539

Phone: 02 4455 5428

Email: admin@familyservices.org.au

Website: <https://familyservices.org.au/>

Family Advocacy and Support Service

Phone: 1800 113 277

Website: <https://familyviolencelaw.gov.au/fass/>



Service provides support and legal help if you are affected by domestic and family violence and have a family law issue. The service can also help if you have experienced domestic and family violence or someone says you have used violence. Lawyers can assist with arrangements for children, Domestic Violence Orders, Property settlement, Divorce, Child Support, Child protection, Victims support and compensation, applying for Legal Aid and some urgent court matters. Support workers can assist with safety planning, Talking to Family Courts about your safety at court, provide information and support during family law cases, help with practical problems like Centrelink and housing, Advocate for you with services like Police.

Mental Health Line

Phone: 1800 011 511

Website: <https://www.health.nsw.gov.au/mentalhealth/Pages/mental-health-line.aspx>

If you or someone you know needs help, the Mental Health Line offers:

- professional help and advice
- referrals to local mental health services.

It is staffed by mental health professionals who will ask questions to determine if you or, the person you are concerned about, needs ongoing mental health care and how urgently it is needed.

They can put you in contact with the most relevant mental health service for children, teens, adults, and older people.

The Mental Health Line is available to everyone in NSW and operates 24 hours a day, 7 days a week.

Flourish Australia (Nowra and Ulladulla)

Phone: 1300 779 270 for general enquiries

1300 356 874 for NDIS



Email: info@flourishaustralia.org.au

Website: <https://www.flourishaustralia.org.au/>

Service provides specialised support for individuals who experience mental health issues. Support includes daily support, social support, accommodation assistance and employment assistance. Available in Nowra and Ulladulla.

One Door Mental Health Nowra

Phone: 0408 368 538

Address: 23-33 West St, Nowra, NSW, 2541

Email: nowra@onedoor.org.au

Website: <https://www.onedoor.org.au/>

One Door Mental Health Nowra provides specialised mental health services to the Shoalhaven area including centre-based services, individual support, and assistance transitioning to the NDIS.

